

# Christian Living: Honouring God with our Bodies

1 Corinthians 6:19-20

## Discussion Questions

### The Essentials

- 1) What do you think of your body?
- 2) What does Paul mean when he says that your body is a temple of the Holy Spirit?
- 3) Why is your body not your own?
- 4) What was the price for your body?
- 5) How can we practically honour God with our bodies?

### Going Deeper

- 6) What is dualism? In what ways do you think Christians today can still be influenced by dualistic thinking?
- 7) Read 1 Thessalonians 4:3-4 and 1 Corinthians 9:27. In what ways can we discipline our bodies? Have you ever fasted?
- 8) Why should we treat our earthly bodies with dignity if we will receive heavenly bodies?

**Prayer Point:** Pray that God would raise up leaders and call more people to host and lead life groups.