

## How do I Overcome the Fears in My Life?

### Discussion Questions

- 1) What are some situations when you might be afraid?
- 2) How did people in Biblical times deal with fear? How do you personally deal with them?
- 3) What is the relationship between fear and faith?
- 4) Can you think of some examples where Jesus told His disciples not to be afraid? Why do you think Jesus frequently had to reassure His disciples?
- 5) The devil is described as the father of lies. How does this relate to our topic of overcoming fears?
- 6) What are some promises in the Bible that we can take a hold of when we are afraid?

**Memory verse:** “for God gave us a spirit not of fear but of power and love and self-control.” 2 Timothy 1:7

**Prayer Point:** Please pray for those who are struggles with fears about the future in our church.