

God's Light in Times of Darkness – Psalm 13

Discussion Questions

- 1) Psalm 13 is a psalm of lament. To lament means to show deep sorrow or grief. Can you think of any other psalms of lament? (Hint: Psalm 22, 44).
- 2) What similarities can you see with regard to the structure of the psalms of lament?
- 3) David expresses that he feels abandoned and forgotten by God. Can you think of any other Biblical characters who expressed feelings of despair and sorrow to God? (Hint: Jeremiah, Job).
- 4) Why might we struggle to also profess such negative emotions to God?
- 5) David turns and still prays to God in his suffering. Why might it be so hard for us to pray during times of anguish? What can we learn about the fact that David and the other Biblical characters still prayed to God in such times?
- 6) David prays that God 'gives light to his eyes'. What do you think this means? (Hint: Ephesians 1:18 and Ezra 9:8 might help).
- 7) David describes God's love as 'unfailing' or 'steadfast'. What does this mean? Why does David and many of the psalmists (for example: Psalm 136:26, Psalm 36:7) describe God's love in this way? (Hint: Exodus 34:6 might help).
- 8) Why can it be very helpful for us to know that God's love is unfailing when we are going through times of darkness?
- 9) If possible, and you are comfortable with it, go into small groups of two or three and share about any periods in your life where you can relate to some of the emotions that David expresses to God in this psalm. What helped you during these times?